

# SAFEGUARDING NEWSLETTER



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This is what  
we do here!

MAY 2025

ISSUE 5

## SAFEGUARDING STATEMENT

Welcome to Issue 5 of Our Safeguarding Newsletter  
“It takes a village to raise a child” and when it comes to safeguarding, this couldn’t be more true. In every classroom, corridor, home, and community, we all have a part to play in keeping children safe, seen, and supported.  
This month’s newsletter highlights the importance of working together, staff, families, and the wider community, to protect not just some children, but **every child, every day**. From mental health to lighter nights, transitions to digital safety, we cover a range of important topics. We truly value your continued partnership.

Mrs Hill

Respect Achieve Together

EVERY  
CHILD  
MATTERS

## SPOTLIGHT ON MENTAL HEALTH & WELLBEING



May is Mental Health Awareness Month, making it the perfect time to check in with ourselves and our children. Good mental health is essential to learning, confidence, friendships, and decision-making.

Some children may experience:

Anxiety about change or new challenges

Friendship difficulties

Tiredness or overwhelm from the busy term

External pressures from exams, social media, or family stress



✓ How to Support at Home:

Name the feeling: Help children label emotions so they can process them.

Reassure and normalise: Let them know it's okay to feel worried, sad, or frustrated.

Encourage rest & balance: Children need downtime, sleep, and movement to regulate.

Know when to get help: Don't wait if your child seems persistently low, anxious, or withdrawn.

📖 Did You Know?

We run a number of different pastoral interventions in school, from check-ins and worry monsters to Nurture and ELSA (Emotional Literacy) support. If you're concerned, please reach out.

💻 Useful Resources:

[www.youngminds.org.uk](http://www.youngminds.org.uk)

[www.kooth.com](http://www.kooth.com) (free online counselling for ages 11+)

## Lighter Evenings: Light Nights, Safe Nights

With longer daylight hours, children often spend more time outdoors after school. Whether it's in local parks, cycling with friends, or just walking home later, safety remains essential.

### ✓ Discuss Together:

Where are you going? Who with? When home? Teach children to always tell a trusted adult.

Trust your gut: If something feels unsafe, it probably is.

Avoid shortcuts or secluded areas, even in daylight.

Stick with friends: Encourage children to stay in groups, especially when walking home.

🚲 For those gaining independence (Year 5/6 and up):

Consider setting up a check-in routine (texts, calls, or shared location apps).

Talk about peer pressure, personal safety, and respectful behaviour in public.

## Supporting Children Through Transition

Though the school year isn't over yet, preparation is key to smooth transitions — whether it's moving to a new year group, class, or even a new school.

### ✓ How to Prepare:

Visit and visualise: Children benefit from seeing new environments and meeting staff ahead of time.

Keep things positive: Celebrate achievements and highlight new opportunities.

Be patient with worries: Let your child know it's normal to be nervous.

Speak to us: If your child needs extra support with change, we are here to help.

### 🎓 Special Support:

Children with SEND, EAL, or those who find change difficult may receive a personalised transition plan, small-group visits, or additional emotional support. We'll be in touch if your child is involved.

## Safeguarding Every Body, Every Day

Safeguarding is not a one-off conversation or a single responsibility. It's the foundation of everything we do and everyone plays a part.

### ☀️ What safeguarding means in school:

Listening to children's voices

Promoting respectful relationships

Teaching online safety and body autonomy

Responding early to concerns

Being a safe, trusted adult

### 🏠 What it looks like at home:

Open, honest conversations

Clear boundaries around technology and friendships

Encouragement to speak up about anything that feels wrong or uncomfortable

Support without judgement



Mr Lynch



Mrs Hill

### WHO TO CONTACT IF YOU HAVE ANY CONCERNS ABOUT A CHILD.

If you are worried about a child's safety, please do not hesitate to contact the DSL team straightaway. If a child is in immediate danger, call the Police on 999 or Call Derbyshire on 01629 533190



Mrs Brough



Mrs Peltell  
Governor

This is  
what we  
do here!

### Respect



First time, every time



Kind actions and words



Do your best!



Have a go!



Care!

### Together



Keep yourself and others safe.